

Coralville Parks and Recreation Tiny Tot Soccer Return to Play

This guidance was formed from various recommendations from Centers for Disease Control & Prevention and Iowa Department of Public Health as a resource for mitigation efforts to help ensure player, spectator and staff safety during voluntary sports activities.

Player & Team Safety:

1. No one should attend or participate in league play if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
2. Parents/Guardians should monitor their children's health by checking temperatures and watching for any symptoms of COVID-19 prior to bringing them to practices or games.
3. Players are highly encouraged to not touch their mouth guard once it has been placed in their mouth and to sanitize their hands after it has been touched.
4. Play is limited to 5 on 5 (or less) per game or scrimmage. No more than 10 participants should be on the field at a time. Participants not on the field should social distance on the sidelines.
5. Drinking fountains will not be in service. Players must bring their own water bottles. Do not use team water coolers. No team snacks. Players should bring their own snacks.
6. No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact.
7. No spitting. Spitting will result in automatic removal from the field.
8. Frequency of cleaning at the facility has been increased however there is no guarantee that surfaces are sanitized. This includes benches, bleachers, picnic tables and playground equipment.
9. Players must provide their own hand sanitizer and antibacterial wipes for disinfecting hands and equipment regularly during practices and games.
10. Players and spectators are asked to maintain social distancing in the facility parking lot before and after games. We encourage teams to play their games and exit the facility.
11. All players and spectators should accept personal responsibility for public health guidelines
12. Masks are recommended for everyone at all times.
13. Please limit spectators to immediate family only.

Coaches and Athletics Staff

1. Wearing masks is strongly recommended.
2. Coaches from each team will decide who starts the scrimmage with the ball. No coin flip or captains meeting at midfield before the scrimmage.
3. Coaches should ensure that players are staying distanced during practices/drills or while on the sideline. No team huddles.
4. Teams must be on opposite sides of the fields.
5. All shared equipment should be wiped down in between users. Whistles should not be shared.
6. All program volunteers should use hand sanitizer before and after handling equipment or wash their hands.

****Disclaimer – these safety measures may be subject to change**