

# CORALVILLE

## 5K 4th FEST Run/Walk



**Saturday, June 29, 2019**

**Run/Walk begins at 8:00 a.m.**

Same-day registration and race bib pick-up from 7:00-7:45 a.m.  
at the Coralville Recreation Center  
1506 8<sup>th</sup> Street, Coralville, Iowa

**Free Kids' Firecracker Mini-Marathon after the 5K.**

*First 75 5K entrants guaranteed a shirt*

**Refreshments provided!**

**THE COURSE:** The run/walk will start and finish near the Coralville Recreation Center. Parking will be available across the street at Northwest Junior High School, 1507 8<sup>th</sup> Street. The course is hilly, and there will be two water stations along the course. Course maps will be posted at the Coralville Recreation Center and online. Run/walk will be held rain or shine. If event is canceled due to weather or unsafe conditions, no refunds will be given.

**AWARDS:** Special awards will be given to the overall male and female winners. Top three finishers in each of the following age groups will receive plaques:  
19 and under; 20-29; 30-39; 40-49; 50 and over

**Questions? Contact Matt Hibbard at 248-1750.**

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### REGISTRATION

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Race day age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

T-shirt size: S M L XL XXL (\$3 more for XXL)

**\$25 for 5K if postmarked or dropped off at the Coralville Recreation Center by June 14**

**\$35 for 5K for same-day registration June 29 at the Coralville Recreation Center, 7:00-7:45 a.m.**

Fees: Checks payable to "City of Coralville"

Mail registration forms to Coralville Recreation Center, 1506 8<sup>th</sup> St., Coralville, IA 52241

Knowingly and at my own risk, I hereby apply to enter the 4<sup>th</sup> Fest 5K and do hereby waive and release any and all claims for damages that I may incur as a result of my participation in the event against the 4th Fest 5K, all sponsors or any volunteer, official or elected official of these organizations for said injuries. I further hereby certify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in the 4th Fest, I require medical attention, I hereby give my consent to authorized medical personnel of the 4th Fest 5K to provide such medical care as is deemed necessary by such authorized personnel.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent Signature (if under 18) \_\_\_\_\_